

Zudronic™

(Zoledronic acid 5 mg / 100 ml Infusion)

For Stronger Bones and Better Health

Why am I getting this infusion?



- To treat osteoporosis (weak bones)
- To prevent fractures
- To treat bone problems from cancer
- To treat Paget's disease

How is it given?



- As a slow drip (infusion) into your vein over 15–30 minutes
- Usually once a year (osteoporosis)
- You will be asked to drink plenty of water before and after

What should I do before the infusion?



- Drink 2–3 glasses of water
- Tell your doctor about kidney problems or pregnancy
- Inform about any dental issues or planned dental work

After the infusion you may have;



- Fever or chills (usually mild, goes away in 1–2 days)
- Body aches or joint pain
- Mild tiredness

These can be reduced by taking **Paracetamol 650 mg** (as advised by your doctor).

Serious symptoms:

Call your doctor immediately if you have:



- ⚠ Severe jaw pain or swelling
- ⚠ Eye pain/redness or vision changes
- ⚠ Persistent muscle cramps or tingling in hands/feet
- ⚠ Trouble breathing, rash, or swelling of face/lips

Important Reminders:



- Take Calcium & Vitamin D every day as prescribed
- Keep good dental hygiene — brush twice daily & visit dentist regularly
- Avoid invasive dental procedures unless approved by your doctor
- Keep your Patient Card in your wallet and show it to all doctors

Contact:

Doctor Name: _____

Phone: _____

Next Appointment: _____